



NEW START HIGHLAND

New Start Highland is a charity established to provide practical help to homeless people who are moving into their own home. New Start Highland can also assist them to tackle the difficulties that they face once housed.



HOUSING SUPPORT



What is Housing Support?

New start Highland provides short-term housing support to help with setting up and maintaining a tenancy. This can include:

- Practical help such as skill development and problem solving
- Emotional support and counselling
- Befriending
- Advocacy

Our housing support service is accessible to adults who are homeless or at risk of being made homeless. This may be due to feeling isolated or excluded, a chaotic lifestyle or feeling vulnerable. We are there to help people from many backgrounds –

Homelessness	Mental health issues	Families with children
Poor social skills	Single parent	Domestic abuse
Anti-social behaviour	Physical disability	Moving into a tenancy
Drug/alcohol problems	Learning difficulties	Ex-offenders



TENANCY SUPPORT



At New Start Highland we also assist by providing recycled furniture and electrical items to people either moving out of homelessness and taking up their first tenancy or trying to maintain their current tenancy. We also provide basic household items such as crockery, cleaning materials and bedding. We work on a referral basis and accept referrals from agencies/services such as social workers, housing support officers, health services, criminal justice services or the citizen advice bureau.

If you feel that you could benefit from tenancy or housing support then please contact either your guidance officer or us for further information - our number is -



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