



# Brèagha Training Salons

## Beauty Therapy

These treatments are only available at designated times throughout the academic year

### FACIAL TREATMENTS

Manual facial	£12
A relaxing facial which includes cleanse, exfoliation, facial massage and mask.	
Prescriptive facial	£14
A relaxing facial tailored to your needs which includes exfoliation, steam, massage and mask - 75 mins	
Facial electrotherapy	£15
A personalised facial using classic electrical equipment which will improve skin tone, blood circulation and muscle tone	
Contemporary electrical facial	£15
A personalised facial using classic and modern electrical equipment which will treat a range of skin conditions.	
Basic make-up	Free of Charge
Basic make-up with strip lashes	£4.50

### EYE TREATMENTS

Eyebrow tidying/shaping	Free of charge
Eyebrow tinting*	£6
Eyelash tinting*	£8
Eyelash & brow tinting*	£12
Eyelash extensions*	£15
Brow lamination*	£15
Lash lift & tint*	£12
HD brows (shape/thread/tint)*	£8
Lash infills	£10

**\*It is a Health & Safety requirement that clients must have a skin test 48hrs prior to any eyelash, eyebrow tinting and lash extensions.**

**Please see skin test procedure for details.**

**For appointments please call 01463 273273**

**Monday - Friday 9:00 am - 4:30 pm**

### HAIR REMOVAL

#### Waxing (Depilation)

Eyebrow wax	£6
Lip wax	£6
Chin wax	£6
Lip & chin wax	£9
Under arm wax	£7
Lower arm wax	£7
Back wax	£7
Bikini wax	£8
Half leg wax	£10
Full leg wax	£12
Full leg & bikini wax	£14

### HAND AND FOOT TREATMENTS

File & Polish	FOC
Luxury manicure	£10
Includes file and shape, cuticle treatment, exfoliation, warm oil, heated mitts or paraffin wax with a relaxing hand massage and standard nail varnish.	
Luxury Pedicure	£10
Includes file and shape, cuticle treatment, exfoliation, warm oil, heated boots or paraffin wax with a relaxing foot massage and standard nail varnish.	
Shellac gel finish	£15
Includes filing and dry cuticle maintenance to enhance the appearance of nails with a longer lasting finish.	
Gel nail extensions	£18
Gel Infills	£11
Removal of nail extensions applied in the salon	FOC

**Please note: We do not remove gel polish or artificial nails applied by other salons.**

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### BODY TREATMENTS

Body massage (full body) £15

A massage aimed at relieving tension to bring about feelings of well-being. Could include electrical/heat modalities such as infrared, G5, Audio sonic or paraffin wax.

Body electrotherapy £15

Body treatment using pieces of electrical equipment to improve skin tone, body contours, lymphatic drainage and reduction of cellulite. Could include galvanic current, faradic current, vacuum suction or infrared heat therapy.

Indian head massage £10

A therapeutic massage technique to promote relaxation and overall well-being. It is a gentle form of massage that focuses on the head, neck and shoulders to re-balance the body.

Hot stone massage £17

This is a type of massage utilising hot basalt stones and soothing oils to provide warmth which aids in relaxation and improved circulation.

Thai herbal compress massage £17

A muslin cloth compress infused with Thai herbs and aromatherapy oils is heated to release its therapeutic properties. The compress is then used to massage the body to relieve muscle pain and tension and enhance relaxation.

Bamboo massage £17

Hollow bamboo canes are used to roll over the muscles in long smooth strokes to give a firmer, deeper massage to alleviate muscle tension and increase circulation.

**Our professional range of skin care products include Eve Taylor and Kaeso which are highly recognised and respected brands driven by results.**

*Eve Taylor*  
LONDON

### OTHER TREATMENTS AVAILABLE

Various treatments such as face and body exfoliation, facial peels\*, body wrap, cellulite treatments and microdermabrasion.

Prices range from £15 - £18 per treatment.

Tanning treatments\* range from £10.

**It is a Health & Safety requirement that clients must have an allergy alert test at least 48 hrs prior to every spray tanning or facial peels.\* Please see skin test procedure for details.**

Prices for facial and body case studies as well as special offers will vary from the above and are subject to change. Information can be obtained by calling or visiting our Brèagha Salon Reception.

All staff and students are required to adhere to the Health & Safety at Work etc. Act 1974.

#### PLEASE NOTE:

**The above treatments are not available all the time.**

Once they become available, it will be advertised in the Beauty Therapy Treatment Summary.

This is issued throughout the academic year and can be viewed by visiting our website :

[www.inverness.uhi.ac.uk](http://www.inverness.uhi.ac.uk)

Please see below for our social media sites.

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### SKIN TEST PROCEDURE

It is a Health & Safety requirement that clients must have an allergy alert test at least 48 hrs prior to every eyelash or eyebrow tinting, spray tanning, facial peels, lash lift, creative brows or application of false lashes.\* No treatments can be carried out without a valid skin test in place. The patch test must be carried out within the learning and teaching environment by our students.

No colour treatments are carried out on children under the age of 16 years.

### REMINDER

We are not always able to offer all of the listed treatments as it may vary throughout the academic year in accordance with students' requirements. At times, treatments and services might be cancelled at short notice due to unforeseen circumstances.

We do not offer any services to anyone under the age of 12 years. No colour treatments, waxing, nail or lash extensions, facials, electrotherapy treatments, tanning treatments or massage are carried out on children under the age of 16 years.

All clients under the age of 16 years must be accompanied by a guardian or parent.

No babies or toddlers are allowed in the salons.


**LATE ARRIVALS** Should you arrive late for your appointment, your treatment might not be carried out.


### PLEASE NOTE

Please call the hair and beauty reception for appointments or for further information on the number below.

Our clients are very important to us. If your call is not answered straightaway, please leave a message and we will call you back at the first available opportunity. Please leave a mobile phone number if your calls are screened.

UHI Inverness is a teaching and learning environment and your appointment might take longer than expected. However, this is reflected in our price list and the students and staff will make every effort to ensure our clients have an enjoyable and professional experience. Prices are subject to change.

 @Breaghahairandbeauty

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Monday - Friday 9:00 am - 4:30 pm

Please note we do not take bookings over our social channels.

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