



Brèagha Training Salons

Beauty Treatment Summary from JAN 2026

For appointments please call tel: 01463 273273

Salon opening times: Mon - Fri 9:00 am - 4:30 pm

TREATMENT & DESCRIPTION	DAY & TIME	DATE	PRICE
LUXURY MANICURES WITH STANDARD POLISH or GEL POLISH FINISH (Group 2 1B) One-off treatments Client will receive a luxury manicure which could include: file, cuticle work, exfoliation, hand & arm massage, warm mitts or paraffin wax, mask and application of standard polish. Dry cuticle maintenance and filing with Shellac gel polish finish - the gel polish is dried immediately under LED/UV light and can last for up to 2 weeks without chipping. <i>Benefits include:</i> <i>Improved appearance of the nails by removing rough skin and dead skin cells to enhance overall nail health.</i> Please note we do not remove gel polish products applied by external salons.	MONDAYS 9:30 am 11:15 am	19/01/26	Luxury manicure £10 Luxury pedicure £10 Shellac gel finish £15 Removal and re-apply £10 Standard polish £10 Removal FOC
EYEBROW & EYELASH TREATMENTS (Group 1B) One-off treatments Clients can choose from the following treatments: Eyelash tint * Eyebrow tint* Eyelash & eyebrow tinting* Eyelash extensions – strip, cluster or individual lashes* Eyebrow reshape & tidy (tweeze) Applying strip, cluster or individual lashes is a temporary solution to add volume and length to your lashes for special occasions.	TUESDAYS 11:15 am	20/01/26 27/01/26 03/02/26 10/02/26 24/02/26 03/03/26 10/03/26 17/03/26 24/03/26	Individually priced Eyelash tint £8 Eyebrow tint £6 Eyelash & brow tint £12 Strip or cluster lashes £4.50 Individual lashes £15 Brow shaping/tidy FOC
<i>*Clients must have a skin test at least 48 hrs (and no longer than 7 days) before every treatment. Patch test is carried out in the training salons.</i>			

ACADEMIC YEAR 2025/26



Brèagha Training Salons

Beauty Treatment Summary from JAN 2026

TREATMENT & DESCRIPTION	DAY & TIME	DATE	PRICE
<p>WAXING (Group 2 1B) One-off treatments</p> <p>Effective hair removal using hot wax or strip wax (the therapist will decide which method is most suitable for the area to be treated).</p> <p>Full leg wax must be booked individually.</p> <p><i>Benefits include smoother, softer skin. Waxing treatments provide longer lasting results compared to shaving or using hair removal creams.</i></p>	TUESDAYS 9:30 am	20/01/26 27/01/26 03/02/26 10/02/26 03/03/26 10/03/26 17/03/26 24/03/26	Individually priced: Eyebrow wax £6 Lip wax £6 Chin wax £6 Lip & chin wax £9 Underarm wax £7 Bikini wax (standard) £8 Half leg wax £10 Full leg wax £12
<p>BODY ELECTROTHERAPY TREATMENTS (Group 1B) One-off treatments</p> <p>The therapist designs a suitable package which could include some of the following treatments:</p> <p>BODY: Galvanic current – anti-cellulite treatment Faradic current – improves muscle tone Vacuum suction - lymphatic drainage Infrared - heat therapy that relieves muscle pain, stimulates blood flow.</p> <p><i>All treatments contribute to an improved overall appearance of the skin.</i></p>	TUESDAYS 9:30 am	03/03/26	£15 per treatment

ACADEMIC YEAR 2025/26



Brèagha Training Salons

Beauty Treatment Summary from JAN 2026

TREATMENT & DESCRIPTION	DAY & TIME	DATE	PRICE
<p>FACE & BODY TREATMENT PACKAGES - CASE STUDY (Group 1B) 3 - week case study</p> <p>The client will receive treatments for the face and body over a 3-week period. The therapist will decide on a suitable treatment package for the client - a minimum of three treatments per session - treatment time approximately 1½ hrs. Client must be able to attend all 3 sessions to allow the student to complete the unit.</p> <p>Treatment packages could include:</p> <p>FACE: Manual facial/facial galvanic /high frequency/microcurrent/vacuum suction/microdermabrasion</p> <p><i>Benefits include:</i> <i>Toning & firming, improved skin texture, reduction in fine lines and deep cleansing.</i></p> <p>BODY: Galvanic current – anti-cellulite treatment Faradic current – improves muscle tone Infra-red - heat therapy that relieves muscle pain, stimulates blood flow Body wraps – nourishing, detoxifying Paraffin wax - relaxation, pain relief</p> <p><i>All treatments are designed to enhance skin tone and promote overall wellbeing.</i></p>		<p>TUESDAYS</p> <p>17/03/26 24/03/26 31/03/26</p> <p>9:15 am 11:00 am 12:45 pm 2:30 pm</p>	<p>£45 for 3 weeks or pay £15 weekly</p>
<p>MAKE-UP- DAY, EVENING OR SPECIAL OCCASION (Group 1B) One-off treatments</p> <p>Whether it's a fresh daytime look, an elegant evening style, or a special occasion make-up, our talented students will select the perfect look for you as required by the curriculum.</p> <p><i>Benefits include :</i> <i>Makeup can help balance uneven skin tone and boost hydration, giving the skin a smoother more radiant appearance.</i></p>	<p>WEDNESDAYS</p> <p>10.15 am</p>	<p>21/01/26 28/01/26 04/02/26 11/02/26 25/02/26 04/03/26 11/03/26 18/03/26</p>	<p>Free of Charge</p>

ACADEMIC YEAR 2025/26



Brèagha Training Salons

Beauty Treatment Summary from JAN 2026

TREATMENT & DESCRIPTION	DAY & TIME	DATE	PRICE
<p>LUXURY MANICURES WITH STANDARD POLISH or GEL POLISH FINISH (Group 2 1A) One-off treatments</p> <p>Client will receive a luxury manicure which could include: file, cuticle work, exfoliation, hand & arm massage, warm mitts or paraffin wax, mask and application of standard polish.</p> <p>Dry cuticle maintenance and filing with Shellac gel polish finish - the gel polish is dried immediately under LED/UV light and can last for up to 2 weeks without chipping.</p> <p><i>Benefits include:</i> <i>Improved appearance of the nails by removing rough skin and dead skin cells to enhance overall nail health.</i></p> <p>Please note we do not remove gel polish products applied by external salons.</p>	WEDNESDAYS 9:30 am Shellac polish at 10:00 am	28/01/26 04/02/26 11/02/26 25/02/26	Luxury manicure £10 Luxury pedicure £10 Shellac gel finish £15 Removal and re-apply Standard polish £10 Removal £10 FOC
<p>CONTEMPORARY AESTHETIC TREATMENTS (Group 1B) One-off treatments</p> <p>Brow lamination*</p> <p>This treatment reshapes and sets the eyebrow hairs to create a fuller, more lifted and styled brow that could last up to 4 weeks depending on aftercare.</p>	WEDNESDAYS 2:15 pm 3:15 pm	25/03/26	£12 per treatment
<p>*Clients must have a skin test at least 48 hrs (and no longer than 7 days) before every treatment. Patch test is carried out in the training salons.</p>			

ACADEMIC YEAR 2025/26



Brèagha Training Salons

Beauty Treatment Summary from JAN 2026

TREATMENT & DESCRIPTION	DAY & TIME	DATE	PRICE
<p>CONTEMPORARY AESTHETIC TREATMENTS (Group 1B)</p> <p>One-off treatments</p> <p>Lash lift and tint*</p> <p>Using a perming solution, the natural lashes are curled upwards which produces a lifting effect. The lashes are then tinted, making them appear longer and fuller. This could last up to 6 weeks depending on aftercare.</p> <p><i>Benefits include:</i> <i>This treatment enhances the appearance of your natural lashes, making them look longer and fuller, creating a more defined look.</i></p> <p>*Clients must have a skin test at least 48 hrs (and no longer than 7 days) before every treatment. Patch test is carried out in the training salons.</p>	WEDNESDAYS 2:15 pm 3:15 pm	18/03/26	£12 per treatment
<p>WAXING (Group 2 1A)</p> <p>One-off treatments</p> <p>Effective hair removal using hot wax or strip wax (therapist will decide which method is most suitable for the area to be treated).</p> <p>Full leg wax must be booked individually. Bikini wax can be combined with 1 other wax treatment.</p> <p><i>Benefits include smoother, softer skin. Waxing treatments provide longer lasting results compared to shaving or using hair removal creams.</i></p>	WEDNESDAYS 1:30 pm 2:00pm 2:30 pm	21/01/26 28/01/26 04/02/26 11/02/26 25/02/26 04/03/26 11/03/26 18/03/26 25/03/26 01/04/26 22/04/26	Individually priced: Eyebrow wax £6 Lip wax £6 Chin wax £6 Lip & chin wax £9 Underarm wax £7 Bikini wax (standard) £8 Half leg wax £10 Full leg wax £12 Full leg & bikini wax £14

ACADEMIC YEAR 2025/26



Brèagha Training Salons

Beauty Treatment Summary from JAN 2026

TREATMENT & DESCRIPTION	DAY & TIME	DATE	PRICE
LUXURY MANICURES or PEDICURES WITH STANDARD POLISH OR GEL POLISH (Group 1B) One-off treatments Client can choose from the following: Luxury manicure or pedicure with standard polish - includes either warm oil, heated mitts/booties or paraffin wax and nail art. <i>Please remember to bring open toe shoes if you have a pedicure with standard polish.</i> Manicure or pedicure with Shellac gel polish finish - the gel polish is dried immediately under LED/UV light and can last for up to 2 weeks without chipping. <i>Pedicure - there is no need to bring open toe shoes as the gel polish sets instantly under LED/UV light.</i> <i>Benefits include:</i> <i>Improved appearance of the nails by removing rough skin and dead skin cells to enhance overall nail health. Shellac adds a long-lasting glossy finish to the nails.</i> Please note we do not remove gel polish products applied by external salons.	THURSDAYS 9:30 am	05/02/26 12/02/26 19/02/26 26/02/26 12/03/26 19/03/26 26/03/26	Luxury manicure £10 Luxury pedicure £10 Shellac gel finish £15 Removal and re-apply £10 Standard polish £10 Removal FOC
PROFESSIONAL SALON SKILLS (Group 1B) Treatment time is 1hr Clients must select three treatments from the list below: Mini facial Mini back massage File & polish Half leg wax Eyebrow wax The therapist is expected to demonstrate their competence by completing all three treatments within the allocated time.	THURSDAYS 1:30 pm	05/02/26 12/02/26 19/02/26 26/02/26	£10 per treatment package

ACADEMIC YEAR 2025/26



Brèagha Training Salons

Beauty Treatment Summary from JAN 2026

TREATMENT & DESCRIPTION	DAY & TIME	DATE	PRICE
PROFESSIONAL SALON SKILLS - TRADE TEST (Group IB) 4 x treatments – 1hrs 15 mins Clients must agree to receive all scheduled treatments as this is an essential part of the student training curriculum. The therapist is required to complete all four treatments within the allocated time. Mini facial File & polish Back, neck & shoulder massage Half leg wax	THURSDAYS 1:30 pm	12/03/26	£12 per treatment package

ACADEMIC YEAR 2025/26



Brèagha Training Salons

Important information

SKIN TEST PROCEDURE

It is a Health & Safety requirement that clients must have an allergy alert test at least 48 hrs prior to every eyelash or eyebrow tinting, spray tanning, facial peels, lash lift, creative brows or application of false lashes.* No treatments can be carried out without a valid skin test in place. Clients must be over the age of 16 years to receive the above treatments. The patch test must be carried out within the learning and teaching environment by our students.

No colour treatments are carried out on children under the age of 16 years.

REMINDER

Due to the student training schedule, we are not always able to offer all of the listed services. At times, treatments and services might be cancelled/changed at short notice due to unforeseen circumstances. UHI Inverness is a teaching and learning environment and your appointment may take longer than expected. However, this is reflected in our price list and the students and staff will make every effort to ensure our clients have an enjoyable and professional experience. Prices are subject to change.

We do not offer any services to anyone under the age of 12 years. No colour treatments, waxing, nail or lash extensions, facials, electrotherapy treatments, tanning treatments or massage are carried out on children under the age of 16 years. All clients under the age of 16 years must be accompanied by a guardian or parent.

No babies or toddlers are allowed in the salons.

LATE ARRIVALS

Should you arrive late for your appointment, your treatment might not be carried out due to time constraints.

MEDICAL CONDITIONS

Our clients are very important to us and to ensure clients receive the best care possible, a consultation is carried out prior to any treatments.

The following are a few examples of certain medical conditions that may restrict, prevent, or require medical consent for some of the treatments on offer: *cancer, diabetes, epilepsy, heavy medication, heart problems, pacemaker, recent surgery, thyroid conditions, varicose veins, deep vein thrombosis or skin diseases (e.g. cold sores)*.

Should you suffer from any other medical condition or are in any doubt, please feel free to contact us before making an appointment. Your enquiry will be treated in the strictest of confidence.

 @Breaghahairandbeauty

 @Breaghahairandbeauty

**For appointments please call 01463 273273
Monday - Friday 9:00 am - 4:30 pm**

Please note we do not take bookings over our social channels.



ACADEMIC YEAR 2025/26