



Brèagha Training Salons

Beauty Treatment Summary from NOV 2025

For appointments please call tel: 01463 273273
 Salon opening times: Mon - Fri 9:00 am - 4:30 pm

TREATMENT & DESCRIPTION	DAY & TIME	DATE	PRICE
EYEBROW & EYELASH TREATMENTS (Group 1A) One-off treatments Clients can choose from the following treatments: Eyelash tint * Eyebrow tint* Eyelash & eyebrow tinting* Eyelash extensions - strip, cluster or individual lashes* Eyebrow reshape & tidy (tweeze) <i>Applying strip, cluster or individual lashes is a temporary solution to add volume and length to your lashes for special occasions.</i> *Clients must have a skin test at least 48 hrs (and no longer than 7 days) before every treatment. Patch test is carried out in the training salons.	MONDAYS 9:30 am 11:15 am	17/11/25 24/11/25 01/12/25 08/12/25 15/12/25	Individually priced Eyelash tint £8 Eyebrow tint £6 Eyelash & brow tint £12 Strip or cluster lashes £4.50 Individual lashes £15 Brow shaping/tidy FOC
LUXURY MANICURES WITH STANDARD POLISH (Group 2 1B) One-off treatments Client will receive a luxury manicure which could include: File, cuticle work, exfoliation, hand & arm massage, warm mitts or paraffin wax, mask and application of standard polish. <i>Benefits include: Improved appearance of the nails by removing rough skin and dead skin cells to enhance overall nail health.</i>	MONDAYS 9:30 am 11:15 am	17/11/25 24/11/25 01/12/25 08/12/25 15/12/25 12/01/26 19/01/26	£10 per treatment

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EYEBROW & EYELASH TREATMENTS (Group 1B) One-off treatments Clients can choose from the following treatments: Eyelash tint * Eyebrow tint* Eyelash & eyebrow tinting* Eyebrow reshape & tidy (tweeze) *Clients must have a skin test at least 48 hrs (and no longer than 7 days) before every treatment. Patch test is carried out in the training salons.	TUESDAYS 9:30 am	11/11/25 18/11/25 25/11/25 02/12/25 09/12/25	Individually priced Eyelash tint £8 Eyebrow tint £6 Eyelash & brow tint £12 Brow shaping/tidy FOC
FACIAL ELECTROTHERAPY TREATMENTS (Group 1B) One-off treatments The therapist will aim to carry out a treatment facial using low electrical currents which pass to the deeper layers of the skin to produce several therapeutic effects. Treatment could include: Brush cleansing Galvanic current Direct & indirect high frequency Microcurrent Microdermabrasion with either a paraffin wax, warm oil or setting mask. <i>Benefits include:</i> <i>Toning & firming, improved skin texture, reduction in fine lines, deep cleansing and an improved overall appearance of the skin.</i>	TUESDAYS 9:30 am 11:00 am	09/12/25 16/12/25 06/01/26 20/01/26	£15 per treatment

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BODY MASSAGE TREATMENTS (Group 1B) One-off treatments Manual and mechanical full body massage aimed at relieving tension. <i>Pre-heat treatments such as paraffin wax and infra-red may be applied according to student curriculum.</i> <i>Mechanical massage such as G5 and audio sonic may also be included if required.</i>	TUESDAYS 2:15 pm 3:15 pm	02/12/25 09/12/25 16/12/25 06/01/26 20/01/26	£15 per treatment																
WAXING (Group 2 1B) One-off treatments Effective hair removal using hot wax or strip wax (the therapist will decide which method is most suitable for the area to be treated). Full leg wax must be booked individually. <i>Benefits include smoother, softer skin. Waxing treatments provide longer lasting results compared to shaving or using hair removal creams.</i>	TUESDAYS 9:30 am	13/01/26 20/01/26 27/01/26 03/02/26 10/02/26 03/03/26 10/03/26 17/03/26 24/03/26	Individually priced: <table><tr><td>Eyebrow wax</td><td>£6</td></tr><tr><td>Lip wax</td><td>£6</td></tr><tr><td>Chin wax</td><td>£6</td></tr><tr><td>Lip & chin wax</td><td>£9</td></tr><tr><td>Underarm wax</td><td>£7</td></tr><tr><td>Bikini wax (standard)</td><td>£8</td></tr><tr><td>Half leg wax</td><td>£10</td></tr><tr><td>Full leg wax</td><td>£12</td></tr></table>	Eyebrow wax	£6	Lip wax	£6	Chin wax	£6	Lip & chin wax	£9	Underarm wax	£7	Bikini wax (standard)	£8	Half leg wax	£10	Full leg wax	£12
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BODY ELECTROTHERAPY TREATMENTS (Group 1B) One-off treatments The therapist designs a suitable package which could include some of the following treatments: BODY: Galvanic current – <i>anti-cellulite treatment</i> Faradic current – <i>improves muscle tone</i> Vacuum suction - <i>lymphatic drainage</i> Infrared - <i>heat therapy that relieves muscle pain, stimulates blood flow.</i> <i>All treatments contribute to an improved overall appearance of the skin.</i>	TUESDAYS 9:30 am 10:45 am	24/02/26 03/03/26	£15 per treatment																

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TREATMENT & DESCRIPTION	DAY & TIME & DATE	PRICE
FACE & BODY TREATMENT PACKAGES - CASE STUDY (Group 1B) 3 - week case study The therapist will decide on a suitable package - a minimum of 3 treatments per session - treatment time approximately 1½ hrs. Treatment packages could include: FACE: Manual facial/facial galvanic /high frequency/microcurrent/vacuum suction/ microdermabrasion <i>Benefits include:</i> <i>Toning & firming, improved skin texture, reduction in fine lines and deep cleansing.</i> BODY: Galvanic current – <i>anti-cellulite treatment</i> Faradic current – <i>improves muscle tone</i> Infra-red - <i>heat therapy that relieves muscle pain, stimulates blood flow</i> Body wraps – <i>nourishing, detoxifying</i> Paraffin wax - <i>relaxation, pain relief</i> Client must be able to attend all 3 sessions to allow the student to complete the unit.	TUESDAYS 17/03/26 24/03/26 31/03/26 9:15 am 11:00 am 12:45 pm 2:30 pm	£45 for 3 weeks or pay £15 weekly
LUXURY MANICURES WITH STANDARD POLISH (Group 2 1A) One-off treatments Client will receive a luxury manicure which could include: File, cuticle work, exfoliation, hand massage, mask, warm mitts or paraffin wax and standard polish – French or dark polish <i>Benefits include:</i> <i>Improved appearance of the nails by removing rough skin and dead skin cells to enhance overall nail health.</i>	WEDNESDAYS 9:30 am	26/11/25 03/12/25 10/12/25 £10 per treatment

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TREATMENT & DESCRIPTION	DAY & TIME	DATE	PRICE
MAKE-UP (Group 1B) One-off treatments Day make-up for mature clients <i>Benefits include:</i> <i>Makeup can help balance uneven skin tone and boost hydration, giving the skin a smoother more radiant appearance.</i>	WEDNESDAYS 10:15 am	12/11/25	Free of charge
BODY MASSAGE USING PRE-BLENDED OILS (Group 3 1A) One-off treatments Manual full body massage using Eve Taylor pre-blended aromatherapy oils. <i>Benefits include:</i> <i>This treatment is aimed at relieving tension, boosting circulation, increasing lymphatic drainage and promoting a feeling of wellbeing by reducing stress levels.</i>	WEDNESDAYS 10:15 am 11:30 am	07/01/26 14/01/26 21/01/26	£15 per treatment
CONTEMPORARY AESTHETIC TREATMENTS (Group 1B) One-off treatments Eve Taylor Facial Peel* (advanced exfoliation treatment). This treatment can drastically improve skin clarity and tone by removing dead skin cells and stimulating the production of new cells. *Clients must have a skin test at least 48 hrs (and no longer than 7 days) before every treatment. Patch test is carried out in the training salons. <i>Benefits include: toning & firming, improved skin texture, reduction in fine lines, deep cleansing, anti-ageing and an improved overall appearance of the skin.</i>	WEDNESDAYS 2:15 pm 3:15 pm	11/03/26	£15 per treatment

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TREATMENT & DESCRIPTION	DAY & TIME	DATE	PRICE
CONTEMPORARY AESTHETIC TREATMENTS (Group IB) One-off treatments Brow lamination* This treatment reshapes and sets the eyebrow hairs to create a fuller, more lifted and styled brow that could last up to 4 weeks depending on aftercare. *Clients must have a skin test at least 48 hrs (and no longer than 7 days) before every treatment. Patch test is carried out in the training salons.	WEDNESDAYS 2:15 pm 3:15 pm	25/03/26	£15 per treatment
CONTEMPORARY AESTHETIC TREATMENTS (Group IB) One-off treatments Lash lift and tint* Using a perming solution, the natural lashes are curled upwards which produces a lifting effect. The lashes are then tinted, making them appear longer and fuller. This could last up to 6 weeks depending on aftercare. <i>Benefits include:</i> <i>This treatment enhances the appearance of your natural lashes, making them look longer and fuller, creating a more defined look.</i> *Clients must have a skin test at least 48 hrs (and no longer than 7 days) before every treatment. Patch test is carried out in the training salons.	WEDNESDAYS 2:15 pm 3:15 pm	18/03/26	£12 per treatment

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WAXING (Group 2 1A) One-off treatments Effective hair removal using hot wax or strip wax (your therapist will decide which method is most suitable for the area to be treated). Full leg wax must be booked individually. Bikini wax can be combined with 1 other wax treatment. <i>Benefits include smoother, softer skin. Waxing treatments provide longer lasting results compared to shaving or using hair removal creams.</i>	WEDNESDAYS 1:30 pm 2:00 pm 2:30 pm	12/11/25 19/11/25 26/11/25 03/12/25 10/12/25	Individually priced: Eyebrow wax £6 Lip wax £6 Chin wax £6 Lip & chin wax £9 Underarm wax £7 Bikini wax (standard) £8 Half leg wax £10 Full leg wax £12	
LUXURY MANICURES or PEDICURES WITH STANDARD POLISH OR GEL POLISH (Group 1B) One-off treatments Client can choose from the following: Luxury manicure or pedicure with standard polish - includes either warm oil, heated mitts/booties or paraffin wax and nail art. <i>Please remember to bring open toe shoes if you have a pedicure with standard polish.</i> Manicure or pedicure with Shellac gel polish finish - the gel polish is dried immediately under LED/UV light and can last for up to 2 weeks without chipping. <i>Pedicure - there is no need to bring open toe shoes as the gel polish sets instantly under LED/UV light.</i> <i>Benefits include:</i> <i>Improved appearance of the nails by removing rough skin and dead skin cells to enhance overall nail health. Shellac adds a long-lasting glossy finish to the nails.</i> <i>(We do not remove gel polish applied by other salons).</i>	THURSDAYS 9:30 am	22/01/26 29/01/26 05/02/26 12/02/26 19/02/26 26/02/26 12/03/26 19/03/26 26/03/26	Luxury manicure £10 Luxury pedicure £10 Shellac gel finish £15 Removal and re-apply £10 Standard polish £10 Removal FOC	

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WAXING (Group 1B) One-off treatments Effective hair removal using hot wax or strip wax (your therapist will decide which method is most suitable for the area to be treated). Full leg wax only available at 1:15 pm. <i>Benefits include smoother, softer skin. Waxing treatments provide longer lasting results compared to shaving or using hair removal creams.</i>	THURSDAYS 1:15 pm 2:15 pm	06/11/25 13/11/25 20/11/25 11/12/25 18/12/25	Individually priced: Eyebrow wax £6 Lip wax £6 Chin wax £6 Lip & chin wax £9 Underarm wax £7 Bikini wax (standard) £8 Half leg wax £10 Full leg wax £12 Full leg & bikini wax £14
FACIAL ELECTROTHERAPY TREATMENTS (Group 3 1A) One-off treatments The therapist will aim to carry out a treatment facial using low electrical currents that penetrate the deeper layers of the skin to produce several therapeutic effects. The following facial electrotherapy treatments are available at 9:30 am on the dates below: Facial treatment using indirect high frequency – available on 20/11/25 <i>This facial is ideal for dehydrated and dry skin as well as for ageing skin with fine lines and wrinkles.</i> Facial treatment using galvanic current - available on 18/12/25 <i>A galvanic current is used to deliver active ingredients deep into the layers of the skin to stimulate and rejuvenate the skin.</i> Facial treatment using microdermabrasion - available on 29/01/26 <i>A skin resurfacing treatment which can be used to treat a wide range of skin abnormalities.</i> Facial treatment using microcurrent - available on 05/03/26 <i>Mild electrical pulses stimulate the facial muscles to create a more toned, firmer and lifted appearance.</i>	THURSDAYS at 9:30 am		£15 per treatment

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Important information

SKIN TEST PROCEDURE

It is a Health & Safety requirement that clients must have an allergy alert test at least 48 hrs prior to every eyelash or eyebrow tinting, spray tanning, facial peels, lash lift, creative brows or application of false lashes.* No treatments can be carried out without a valid skin test in place. The patch test must be carried out within the learning and teaching environment by our students.

No colour treatments are carried out on children under the age of 16 years.

REMINDER

Due to the student training schedule, we are not always able to offer all of the listed services. At times, treatments and services might be cancelled/changed at short notice due to unforeseen circumstances. UHI Inverness is a teaching and learning environment and your appointment may take longer than expected. However, this is reflected in our price list and the students and staff will make every effort to ensure our clients have an enjoyable and professional experience. Prices are subject to change.

We do not offer any services to anyone under the age of 12 years. No colour treatments, waxing, nail or lash extensions, facials, electrotherapy treatments, tanning treatments or massage are carried out on children under the age of 16 years. All clients under the age of 16 years must be accompanied by a guardian or parent.

No babies or toddlers are allowed in the salons.

LATE ARRIVALS

Should you arrive late for your appointment, your treatment might not be carried out due to time constraints.

MEDICAL CONDITIONS

Our clients are very important to us and to ensure clients receive the best care possible, a consultation is carried out prior to any treatments.

The following are a few examples of certain medical conditions that may restrict, prevent, or require medical consent for some of the treatments on offer: *cancer, diabetes, epilepsy, heavy medication, heart problems, pacemaker, recent surgery, thyroid conditions, varicose veins, deep vein thrombosis or skin diseases (e.g. cold sores).*

Should you suffer from any other medical condition or are in any doubt, please feel free to contact us before making an appointment. Your enquiry will be treated in the strictest of confidence.

 @Breaghahairandbeauty

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For appointments please call 01463 273273
Monday - Friday 9:00 am - 4:30 pm

Please note we do not take bookings over our social channels.

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Brèagha Hair & Beauty
1 Inverness Campus, Inverness IV2 5NA
TEL: 01463 273273

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