

Brèagha Training Salons

Beauty Training Salon Schedule from NOV 2026

For appointments please call tel: 01463 273273
Salon opening times: Mon - Fri 9:00 am - 4:30 pm

Please note: Once a treatment is fully booked, it will no longer appear on the schedule.

TREATMENT & DESCRIPTION	DAY & TIME	DATE	PRICE
LUXURY MANICURES WITH STANDARD POLISH (Group B) One-off treatments Client will receive a luxury manicure which could include: File, cuticle work, exfoliation, hand & arm massage, warm mitts or paraffin wax, mask and application of standard polish. *Benefits include:* *Improved appearance of the nails by removing rough skin and dead skin cells to enhance overall nail health.* Please note we do not remove gel polish products applied by external salons.	TUESDAYS 2:15 pm 3:30 pm	17/11/26	£12 per treatment
LUXURY PEDICURES WITH STANDARD POLISH (Group 1B) One-off treatments Client will receive a luxury pedicure which could include: File, cuticle work, massage, warm oil, heated booties or paraffin wax and application of standard polish. Please remember to bring open toe shoes to allow polish to dry. *Benefits include:* *Improved appearance of the nails by removing rough skin and dead skin cells to enhance overall nail health.* Please note we do not remove gel polish products applied by external salons.	TUESDAYS 2:15 pm 3:30 pm	24/11/26 01/12/26	£12 per treatment

ACADEMIC YEAR 2026/27

Brèagha Hair & Beauty
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TREATMENT & DESCRIPTION	DAY & TIME	DATE	PRICE
DRY CUTICLE MAINTENANCE WITH GEL POLISH FINISH AND NAIL ART DESIGN (Group B) One-off treatments Dry cuticle maintenance and filing with Shellac gel polish finish - the gel polish is dried immediately under LED/UV light and can last for up to 2 weeks without chipping. The therapist will choose from various nail art designs to enhance the appearance of the nail. *Benefits include:* *Improved appearance of the nails by removing rough skin and dead skin cells to enhance overall nail health.* Please note we do not remove gel polish products applied by external salons.	TUESDAYS 2:15 pm 3:30 pm	15/12/26	£18 per treatment
SWEDISH FULL BODY MASSAGE INCLUDING FACE (Group 6 A) One-off treatments A Swedish massage is a traditional therapeutic treatment designed to help you unwind and restore balance to your body and mind. *Using expertly applied massage techniques, this treatment is aimed at relieving tension, improving circulation, reducing stress and promoting a lasting sense of wellbeing.*	TUESDAYS 1:30 pm 3:00 pm	17/11/26 24/11/26 08/12/26 15/12/26 12/01/27 19/01/27 26/01/27	£18 per treatment

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MAKE-UP - DAY, EVENING OR SPECIAL OCCASION (Group 1B) One-off treatments This treatment includes a cleanse, tone, moisturise and make-up. Whether it's a fresh daytime look, an elegant evening style, or a special occasion makeover, our talented students will select the perfect look for you as required by the curriculum. *Benefits include :* *Make-up can help even out skin tone and enhance hydration, giving the skin a smoother more radiant appearance.*	TUESDAYS 2:15 pm 3:00 pm	17/11/26 24/11/26 01/12/26 08/12/26 15/12/26	Basic make-up £3 Basic make-up with strip lashes £5
BODY ELECTROTHERAPY TREATMENTS (Group IB) One-off treatments Based on your individual needs, the therapist will design a suitable treatment package that may include the following options: Vacuum suction combined with galvanic current – *anti-cellulite and lymphatic drainage treatment.* Infrared treatment combined with faradic current – *heat therapy that relieves muscle pain, stimulates blood flow and improve muscle tone.* *All treatments contribute to an improved overall appearance of the skin.*	TUESDAYS 9:30 am 11:00 am	23/02/27 02/03/27	£18 per treatment

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TREATMENT & DESCRIPTION	DAY & TIME & DATE	PRICE
FACE & BODY TREATMENT PACKAGES - CASE STUDY (Group IB) 3 - Week Case Study The therapist will recommend a suitable treatment package over a three-week period with a minimum of three treatments per session. Each session with last approximately $1^{1/2}$ hours. Treatment packages could include: FACE: Manual Facial /Galvanic Facial /High Frequency /Microcurrent or Microdermabrasion Benefits include: *Toning and firming the skin /improved skin texture /reduction in the appearance of fine lines /deep cleansing resulting in a brighter, healthier looking skin.* BODY: Galvanic Current – *improves the appearance of the skin by reducing cellulite.* Faradic current – *stimulates muscles to improve muscle tone and firmness.* Vacuum suction – *improves blood circulation and supports lymphatic drainage.* Infrared treatment - *heat therapy that relieves muscle pain and stimulate blood circulation.* Paraffin wax – *promotes relaxation and pain relief.* Body wraps – *provides deep nourishment and conditioning for the skin while promoting relaxation and enhancing overall wellbeing.* **Clients must be able to attend all 3 sessions as this enables the student to complete the required unit assessment.**	TUESDAYS 16/03/27 23/03/27 13/04/27 27/04/27 04/05/27 11/05/27 9:15 am 11:00 am	£25 per week

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TREATMENT & DESCRIPTION	DAY & TIME	DATE	PRICE
WAXING (Group 2 1A) One-off treatments Effective hair removal using hot wax or strip wax (your therapist will decide which method is most suitable for the area to be treated). Full leg wax only available at 1:15 pm. *Benefits include smoother, softer skin. Waxing treatments provide longer lasting results compared to shaving or using hair removal creams.*	WEDNESDAYS 1:15 pm 2:30 pm	25/11/26 02/12/26 09/12/26 16/12/26	Individually priced: Half leg wax £10 Full leg wax £14
LUXURY MANICURES WITH STANDARD POLISH (Group 1A) One-off treatments Client will receive a luxury manicure which could include: File, cuticle work, exfoliation, hand & arm massage, warm mitts or paraffin wax, mask and application of standard polish *Benefits include:* *Improved appearance of the nails by removing rough skin and dead skin cells to enhance overall nail health.* Please note we do not remove gel polish products applied by external salons.	WEDNESDAYS 9:15 am 10:45 am	25/11/26 02/12/26 09/12/26 16/12/26	£12 per treatment

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TREATMENT & DESCRIPTION	DAY & TIME	DATE	PRICE
WAXING (Group 2 1B) One-off treatments Effective hair removal using hot wax or strip wax (your therapist will decide which method is most suitable for the area to be treated). Full leg wax only available at 2:15 pm. *Benefits include smoother, softer skin. Waxing treatments provide longer lasting results compared to shaving or using hair removal creams.*	THURSDAYS 2:15 pm 3:30 pm	19/11/26 26/11/26 03/12/26 10/12/26 17/12/26	Individually priced: Eyebrow wax £6 Lip wax £6 Chin wax £6 Lip & chin wax £9 Underarm wax £7 Bikini wax (standard) £8 Half leg wax £10 Full leg wax £14 Full leg & bikini wax £18
WAXING (Group 1B) One-off treatments Effective hair removal using hot wax or strip wax (your therapist will decide which method is most suitable for the area to be treated). Full leg wax only available at 2:00 pm Benefits include smoother, softer skin. Waxing treatments provide longer lasting results compared to shaving or using hair removal creams.	THURSDAYS 2:00 pm 3:15 pm	03/12/26 10/12/26	Individually priced: Eyebrow wax £6 Lip wax £6 Chin wax £6 Lip & chin wax £9 Underarm wax £7 Bikini wax (standard) £8 Half leg wax £10 Full leg wax £14 Full leg & bikini wax £18

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TREATMENT & DESCRIPTION	DAY & TIME	DATE	PRICE
MECHANICAL and MANUAL BODY MASSAGE TREATMENTS (Group IB) One-off treatments A body massage treatment combining G5 mechanical massage techniques with manual massage. The treatment may also include Audio Sonic massage and heat-based therapies, such as infrared therapy and paraffin wax, in accordance with the student curriculum. *These treatments are aimed to relieve muscle tension, improve skin texture by stimulating collagen production and increase lymphatic drainage to flush excess fluid and toxins from the system.*	THURSDAYS 10:00 am 11:15 am	19/11/26 26/11/26 03/12/26 10/12/26	£20 per treatment
LUXURY MANICURES WITH STANDARD POLISH DRY CUTICLE MAINTENANCE WITH GEL POLISH FINISH (Group 2 1B) One-off treatments Luxury manicure with standard polish: could include file, cuticle work, exfoliation, hand & arm massage, warm mitts or paraffin wax, mask and application of standard polish. Dry cuticle maintenance and filing with Shellac gel polish finish - the gel polish is dried immediately under LED/UV light and can last for up to 2 weeks without chipping. *Benefits include an improved appearance of the nails by removing rough skin and dead skin cells to enhance overall nail health.* Please note we do not remove gel polish products applied by external salons.	THURSDAYS 10:00 am	26/11/26 03/12/26 10/12/26 17/12/26	Luxury manicure £12 Shellac gel finish £18 Gel removal FOC

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TREATMENT & DESCRIPTION	DAY & TIME	DATE	PRICE
SIGNATURE MASSAGE (Group IB) One-off treatments Client will receive either a Thai style massage treatment or a hot stone massage in accordance with the student curriculum requirements. Thai style massage: A muslin cloth compress infused with Thai herbs and aromatherapy oils is heated to release its therapeutic properties. The herbal compress is then used to massage the body to relieve muscle pain and tension and enhance relaxation. Hot stone treatment: During a hot stone massage, heated smooth basalt stones are used to provide a firm, therapeutic massage. The soothing heat helps improve circulation, releases tension in the muscles and promotes a lasting sense of well-being.	THURSDAYS 10:00 am 11:15 am	25/03/27 15/04/27 22/04/27	£25 per treatment

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Important information

SKIN TEST PROCEDURE

It is a Health & Safety requirement that clients must have an allergy alert test at least 48 hrs prior to every eyelash or eyebrow tinting, spray tanning, facial peels, lash lift, creative brows or application of false lashes.* No treatments can be carried out without a valid skin test in place. The patch test must be carried out within the learning and teaching environment by our students.

No colour treatments are carried out on children under the age of 16 years.

REMINDER

Due to the student training schedule, we are not always able to offer all of the listed services. At times, treatments and services might be cancelled/changed at short notice due to unforeseen circumstances. UHI Inverness is a teaching and learning environment and your appointment may take longer than expected. However, this is reflected in our price list and the students and staff will make every effort to ensure our clients have an enjoyable and professional experience. Prices are subject to change.

We do not offer any services to anyone under the age of 12 years. No colour treatments, waxing, nail or lash extensions, facials, electrotherapy treatments, tanning treatments or massage are carried out on children under the age of 16 years. All clients under the age of 16 years must be accompanied by a legal guardian or parent.

No babies or toddlers are allowed in the salons.

LATE ARRIVALS

Should you arrive late for your appointment, your treatment might not be carried out due to time constraints.

MEDICAL CONDITIONS

Our clients are very important to us and to ensure clients receive the best care possible, a consultation is carried out prior to any treatments.

The following are a few examples of certain medical conditions that may restrict, prevent, or require medical consent for some of the treatments on offer: *cancer, diabetes, epilepsy, heavy medication, heart problems, pacemaker, recent surgery, thyroid conditons, varicose veins, deep vein thrombosis or skin diseases (e.g.cold sores).*

Should you suffer from any other medical condition or are in any doubt, please feel free to contact us before making an appointment. Your enquiry will be treated in the strictest of confidence.

@Breaghahairandbeauty

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Follow us on social media.
Please note we do not take bookings over our social channels.

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