



Brèagha Training Salons

Beauty Therapy

These treatments are only available at designated times throughout the academic year

FACIAL TREATMENTS

Manual Facial	£12
A relaxing facial which includes cleanse, exfoliation, facial massage and mask.	
Prescriptive Facial	£14
A relaxing facial tailored to your needs which includes exfoliation, steam, massage and mask.	
Advanced Prescriptive Facial	£16
Tailored to your needs, includes exfoliation, steam/hot towels, massage, prescriptive mask. May include an electrical treatment (galvanic, vacuum or high frequency current).	
Facial Electrotherapy	£18
A personalised facial using classic electrical equipment which will improve skin tone, blood circulation and muscle tone.	
Basic Make-up	£3
Basic Make-up with Strip Lashes	£5

EYE TREATMENTS

Eyebrow Tidying/Shaping	FOC
Eyebrow Tinting*	£8
Eyelash Tinting*	£10
Eyelash & Brow Tinting*	£14
Brow Lamination*	£20
Lash Lift & Tint*	£20
High Definition Brows (shape/thread/tint)*	£15
Threading - Face/Eyebrows	£8

***It is a Health & Safety requirement that clients must have an allergy alert test 48 hrs prior to any eyelash and eyebrow tinting, brow lamination, lash lifting and lash extensions.**

Please see skin test procedure for details.

HAND AND FOOT TREATMENTS

File & Polish	FOC
Luxury Manicure	£12
Includes file and shape, cuticle treatment, exfoliation, warm oil, heated mitts or paraffin wax with a relaxing hand massage and standard nail polish.	
Luxury Pedicure	£12
Includes file and shape, cuticle treatment, exfoliation, heated boots or paraffin wax with a relaxing foot massage and standard nail polish.	
Shellac Gel Finish	£18
Includes filing and dry cuticle maintenance to enhance the appearance of nails with a longer lasting finish.	
CND Plexigel - brush in a bottle gel*	
Providing strength, length and shape to natural nails. Can also add a small enhancement to nails.	
•Overlays (natural nails)*	£20
•Extensions*	£25
Gel Nail Extensions	£25
Gel Infills or Rebalance	£15
Removal of Nail Extensions applied in the salon	FOC

Please note we do not remove gel polish or artificial nails applied by other salons.

The beauty treatments are only available when advertised in the Beauty Training Salon Services Schedule.

This is issued throughout the academic year and can be viewed by visiting our website : www.inverness.uhi.ac.uk

For appointments please call 01463 273273

Monday - Friday 9:00 am - 4:30 pm

ACADEMIC YEAR 2026/27

Brèagha Hair & Beauty
1 Inverness Campus, Inverness IV2 5NA
TEL: 01463 273273

UHI | INVERNESS



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BODY TREATMENTS

Swedish Body Massage (full body) £18

A massage aimed at relieving tension and improve blood circulation to bring about feelings of well-being.

Body Massage (full body) £20

A mechanical body massage which could include electrical/heat modalities such as infrared, G5, Audio sonic or paraffin wax to reduce muscle tension.

Body Electrotherapy £18

Body treatment using pieces of electrical equipment to improve skin tone, body contours, lymphatic drainage and reduction of cellulite. Could include galvanic current, faradic current, vacuum suction or infrared heat therapy.

Body Wrap

A therapeutic treatment using exfoliating products or body brush to polish the skin, followed by a treatment wrap.

Body Wrap with massage - 90 mins £28

Body Wrap without massage - 60 mins £20

Hot Stone Massage £25

This is a type of massage utilising hot basalt stones and soothing oils to provide warmth which aids in relaxation and improved circulation.

Thai Herbal Compress Massage £25

A muslin cloth compress infused with Thai herbs and aromatherapy oils is heated to release its therapeutic properties. The compress is then used to massage the body to relieve muscle pain and tension and enhance relaxation.

Eve Taylor

Our professional range of skin care products include Eve Taylor and Kaeso which are highly recognised and respected brands driven by results.

HAIR REMOVAL - WAXING

Eyebrow Wax £6

Lip Wax £6

Chin Wax £6

Lip & Chin Wax £9

Under Arm Wax £7

Lower Arm Wax £7

Back Wax £10

Bikini Wax (standard) £8

Half Leg Wax £10

Full Leg Wax £14

Full Leg & Bikini Wax (standard) £18

OTHER TREATMENTS AVAILABLE

Various treatments such as face and body exfoliation, facial peels*, cellulite treatments and microdermabrasion.

Prices range from £15 per treatment.

Tanning treatments* range from £10.

It is a Health & Safety requirement that clients must have an allergy alert test at least 48 hrs prior to every spray tanning or facial peels.* Please see skin test procedure for details.

Prices for facial and body case studies as well as special offers will vary from the above and are subject to change. Information can be obtained by calling or visiting our Brèagha Salon Reception.

All staff and students are required to adhere to the Health & Safety at Work etc. Act 1974.

ACADEMIC YEAR 2026/27



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SKIN TEST PROCEDURE

It is a Health & Safety requirement that clients must have an allergy alert test at least 48 hrs prior to every eyelash or eyebrow tinting, spray tanning, facial peels, lash lift, creative brows or application of false lashes.* No treatments can be carried out without a valid skin test in place. The patch test must be carried out within the learning and teaching environment by our students.

No colour treatments are carried out on children under the age of 16 years.

REMINDER

We are not always able to offer all of the listed treatments as it may vary throughout the academic year in accordance with students' requirements. At times, treatments and services might be cancelled at short notice due to unforeseen circumstances.

We do not offer any services to anyone under the age of 12 years. No colour treatments, waxing, nail or lash extensions, facials, electrotherapy treatments, tanning treatments or massage are carried out on children under the age of 16 years.

All clients under the age of 16 years must be accompanied by a legal guardian or parent.

No babies or toddlers are allowed in the salons.

LATE ARRIVALS Should you arrive late for your appointment, your treatment might not be carried out.

PLEASE NOTE

Please call the hair and beauty reception for appointments or for further information on the number below.

Our clients are very important to us. If your call is not answered straightaway, please leave a message and we will call you back at the first available opportunity. Please leave a mobile phone number if your calls are screened.

UHI Inverness is a teaching and learning environment and your appointment might take longer than expected. However, this is reflected in our price list and the students and staff will make every effort to ensure our clients have an enjoyable and professional experience. Prices are subject to change.

 @Breaghahairandbeauty

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Follow us on social media.
Please note we do not take bookings over our
social channels.

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