

# Brèagha Training Salons

## Beauty Treatment Summary MAR/APR/MAY 2025

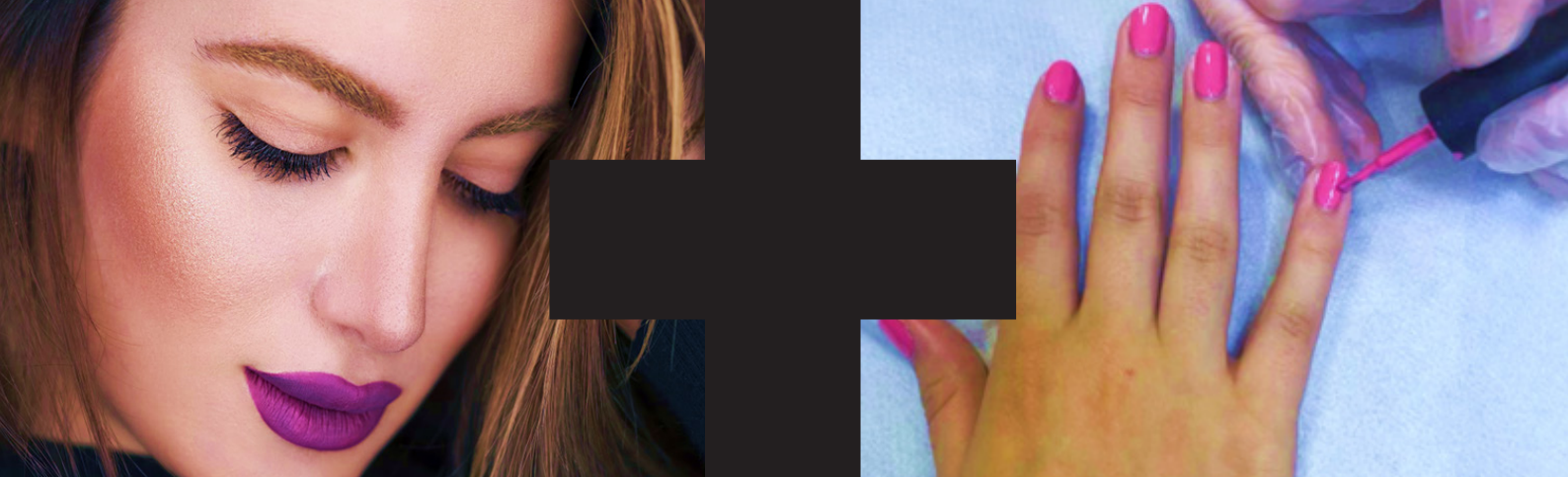
TREATMENT & DESCRIPTION	DAY & TIME	DATE	PRICE
EYELASH & EYEBROW TINT & SHAPE (Group 1A) One-off treatments  Clients can choose from the following:  Eyelash tint * Eyebrow tint* Eyelash & eyebrow tinting* Eyebrow tint & shape* (tweeze)	MONDAYS  9.30am 10.15am 11.00am  Eyelash extensions only available at 9.30am on 12/05/25 and 19/05/25*	24/03/25 31/03/25 28/04/25 12/05/25* 19/05/25*	Individually priced  Eyelash tint £7 Eyebrow tint £6 Eyebrow tint & shape £6 Eyelash & brow tint £11 Eyelash extensions £15 Eyelash infills £11
<p><i>*Clients must have a skin test at least 48hrs (and no longer than 7 days) before every treatment. Patch test is carried out in the training salons.</i></p> <p>On 12/05/25 and 19/05/25 the following treatments are also available (only at 9.30am):</p> <p>Semi-permanent eyelash extensions (individual lashes) ** Semi-permanent eyelash extensions maintenance (infills and removal) **</p> <p><i>**Clients must have a glue test at least 48hrs (and no longer than 7 days) before every treatment. Patch test is carried out in the training salons.</i></p>			



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TREATMENT & DESCRIPTION	DAY & TIME	DATE	PRICE
MANUAL FACIAL TREATMENTS (Group 1A) One-off treatments  Include: Cleanse, tone, exfoliate, skin analysis, steam or hot towels, facial massage, mask, moisturise  <i>A relaxing facial tailored to your skin type. Benefits include a more nourished and rejuvenated skin, increased blood circulation and an improved overall appearance of the skin.</i>	MONDAYS  2.45pm	31/03/25	£12 per treatment
BODY ELECTROTHERAPY TREATMENTS (Group 1A) One-off treatments  The therapist designs a suitable package which could include some of the following treatments:  BODY: Galvanic current – <i>anti-cellulite treatment</i> Faradic current – <i>improves muscle tone</i> Vacuum suction and infrared - <i>lymphatic drainage, heat therapy</i> <i>Microdermabrasion on the body - gently exfoliates the skin to remove dead skin cells, improve overall skin appearance.</i>	MONDAYS  9.15am 11am	28/04/25 12/05/25	£15 per treatment
WAXING (Group 2 1B) One-off treatments  Effective hair removal using hot wax or strip wax.  <i>Benefits include smoother, softer skin. Waxing treatments provide longer lasting results than from shaving or from using hair removal creams.</i>	WEDNESDAYS  9.30am 10.30am	26/03/25 02/04/25 23/04/25 30/04/25 07/05/25 14/05/25	Individually priced:  Eyebrow £5.50 Lip £5.50 Chin £5.50 Lip & chin £8.50 Underarm £6.50 Bikini (standard) £7.50 Half leg £9.00 Full leg £12.00



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WAXING (Group 2 1A) One-off treatments  Effective hair removal using hot wax or strip wax.  <i>Benefits include smoother, softer skin. Waxing treatments provide longer lasting results than from shaving or from using hair removal creams.</i>	WEDNESDAYS  1.15pm 1.45pm	26/03/25 02/04/25	Individually priced:  Eyebrow £5.50 Lip £5.50 Chin £5.50 Lip & chin £8.50 Underarm £6.50 Bikini (standard) £7.50 Half leg £9.00 Full leg £12.00
LUXURY PEDICURE with standard polish (Group 1A) One-off treatments  Client will receive a luxury pedicure**  Treatment for toes could include: file, exfoliation, cuticle work, paraffin wax or heated boots, massage and standard polish  **Please remember to bring open toe shoes. (We do not remove gel polish applied by other salons).	WEDNESDAYS  9.30am	23/04/25 30/04/25 07/05/25 14/05/25 21/05/25 28/05/25	£10 per treatment
MANICURES WITH GEL POLISH (SHELLAC) (Group 1A) One-off treatments  Manicure with Shellac polish. Nails and cuticles are prepared for a Shellac gel polish application.  Shellac polish can last for up to 2 weeks without chipping and adds a long-lasting glossy finish to the nails.  Benefits include: <i>Improved appearance of the nails by removing rough skin and dead skin cells to enhance overall nail health.</i>  <i>(We do not remove gel polish or nail extensions applied by other salons).</i>	WEDNESDAYS  10am	23/04/25 30/04/25 07/05/25 14/05/25 21/05/25 28/05/25	£15 per treatment





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WAXING (Group 2 1A) One-off treatments  Effective hair removal using hot wax or strip wax.  <i>Benefits include smoother, softer skin. Waxing treatments provide longer lasting results than from shaving or from using hair removal creams.</i>	WEDNESDAYS  1.15pm	23/04/25 30/04/25 07/05/25 14/05/25 21/05/25 28/05/25	Individually priced:  Eyebrow £5.50 Lip £5.50 Chin £5.50 Lip & chin £8.50 Underarm £6.50 Bikini (standard) £7.50 Half leg £9.00 Full leg £12.00
LUXURY PEDICURES WITH STANDARD POLISH (Group 1B) One-off treatments  Client will receive a luxury pedicure**  Treatment for toes could include: file, exfoliation, cuticle work, paraffin wax or heated boots, massage and standard polish.  ** Please remember to bring open toe shoes.  Benefits include: <i>Improved appearance of the nails by removing rough skin and dead skin cells to enhance overall nail health.</i>  <i>(We do not remove gel polish applied by other salons).</i>	THURSDAYS  9.15am 11am	27/03/25	£10 per treatment



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TREATMENT & DESCRIPTION	DAY & TIME	DATE	PRICE	
LUXURY MANICURES <u>OR</u> PEDICURES WITH GEL POLISH (Group 1B) One-off treatments	THURSDAYS  9.15am 11am	01/05/25 08/05/25	Shellac application Removal and re-apply Removal	£15 £10 FOC
Luxury manicure or pedicure with Shellac polish - could include either heated booties or mitts or paraffin wax. Shellac polish can last for up to 2 weeks without chipping and adds a long-lasting glossy finish to the nails.			£20 for both treatments - only at 9.15am (SPECIAL OFFER)	
There is no need to bring open toe shoes as the gel polish is dried immediately under LED/UV light.				
Benefits include: <i>Improved appearance of the nails by removing rough skin and dead skin cells to enhance overall nail health.</i>				
<i>(We do not remove gel polish or nail extensions applied by other salons).</i>				



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## Important information

### REMINDER

Due to the student training schedule, we are not always able to offer all of the listed services. At times, treatments and services might have to be cancelled/changed at short notice due to unforeseen circumstances. UHI Inverness is a teaching and learning environment and your appointment may take longer than expected. However, this is reflected in our price list and the students and staff will make every effort to ensure our clients have an enjoyable and professional experience.

No babies, toddlers or children under the age of 12 years are allowed in the salons. We do not offer any services to anyone under the age of 12 years.

### TINTING

It is a Health & Safety requirement that clients must have an allergy alert test at least 48 hrs prior to every eyelash or eyebrow tinting, spray tanning, facial peels, lash lift, creative brows or application of false lashes.\* The patch test must be carried out within the learning and teaching environment by our students. Unfortunately, these treatments\* cannot be carried out without a valid skin test in place.

No colour treatments, tanning treatments waxing, nail or lash extensions are carried out on children under the age of 16 years.

### LATE ARRIVALS

Should you arrive late for your appointment, your treatment might not be carried out due to time constraints.

### MEDICAL CONDITIONS

Our clients are very important to us and to ensure clients receive the best care possible, a consultation is carried out prior to any treatments.

The following are a few examples of certain medical conditions that may restrict, prevent, or require medical consent for some of the treatments on offer: *cancer, diabetes, epilepsy, heavy medication, heart problems, pacemaker, recent surgery, thyroid conditions, varicose veins, deep vein thrombosis or skin diseases (e.g. cold sores).*

Should you suffer from any other medical condition or are in any doubt, please feel free to contact us before making an appointment. Your enquiry will be treated in the strictest of confidence.

**Treatments that are fully booked will no longer appear on this summary**

**For appointments please call tel: 01463 273273**

[www.inverness.uhi.ac.uk/breagha](http://www.inverness.uhi.ac.uk/breagha)



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