



Brèagha Training Salons

Beauty Treatment Summary from APRIL 2024

For appointments please call Tel: 01463 273273

TREATMENT & DESCRIPTION	DAY & TIME	DATE	PRICE
<p>WAXING (Group 1B) One-off treatments</p> <p>Effective hair removal using hot wax or strip wax</p> <p><i>Benefits include smoother, softer skin. Waxing treatments provide longer lasting results than from shaving or using hair removal creams.</i></p>	<p>MONDAYS</p> <p>10.30am</p>	<p>15/04/24 22/04/24 29/04/24</p>	<p>Individually priced:</p> <p>Eyebrow.....£5.50 Lip.....£5.50 Chin.....£5.50 Lip & chin.....£8.50 Underarm.....£6.50 Bikini (standard).....£7.50 Bikini & underarm.....£9.00 Half leg.....£9.00 Full leg.....£10.00 Half leg & underarm.....£11.00 Half leg & bikini.....£12.00</p>
<p>EYELASH ENHANCEMENTS (Group 1A) One-off treatments</p> <p>Clients can choose from the following:</p> <p>Eyelash extensions – 2hrs Eyelash infills – maintenance - 1 hr Eyelash & eyebrow tinting – 30 mins Eyelash tint – 15 mins Eyebrow tint – 15 mins Brow shaping (tweeze)</p> <p><i>* Clients must have a skin test at least 48hrs (and no longer than 7 days) before every tinting treatment. Patch test is carried out in the training salons.</i></p>	<p>MONDAYS</p> <p>9.15am</p>	<p>29/04/24 13/05/24 20/05/24</p>	<p>Individually priced</p> <p>Brow shaping.....FOC Eyelash tint.....£7.00 Eyebrow tint.....£6.00 Eyelash & brow tint.....£11.00 Eyelash extensions.....£18.00 Eyelash infills.....£10.00</p>



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<p>MANUAL PRESCRIPTION FACIAL TREATMENTS (Group 1A) One-off treatments</p> <p>Include: Cleanse, tone, exfoliate, steam, skin warming, facial massage, mask, moisturise</p> <p><i>A relaxing facial tailored to your skin type. Benefits include a more nourished and rejuvenated skin, increased blood circulation and an improved overall appearance of the skin.</i></p>	<p>MONDAYS</p> <p>2.15pm 3.30pm</p>	<p>22/04/24 29/04/24 13/05/24 20/05/24</p>	<p>£9 per treatment</p>
<p>LUXURY PEDICURES WITH STANDARD POLISH (Group 1B) One-off treatments</p> <p>Client will receive a luxury pedicure which includes: File, cuticle work, exfoliation, paraffin wax or heated boots, massage and standard polish**</p> <p><i>**Please remember to bring open toe shoes. (We do not remove gel polish applied by other salons)</i></p>	<p>MONDAYS</p> <p>1.30pm</p>	<p>15/04/24</p>	<p>£9 per treatment</p>
<p>LUXURY MANICURES WITH GEL FINISH (Group 1B) One-off treatments</p> <p>Client will receive a luxury manicure which includes: File, cuticle work, exfoliation, paraffin wax or heated mitts, massage and gel finish.</p>	<p>MONDAYS</p> <p>1.30pm</p>	<p>29/04/24</p>	<p>£14 per treatment</p>



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<p>LUXURY PEDICURES WITH GEL FINISH (Group 1B) One-off treatments</p> <p>Client will receive a luxury pedicure which includes:</p> <p>File, cuticle work, exfoliation, paraffin wax or heated boots, massage and gel finish**</p> <p><i>**There is no need to bring open toe shoes as the gel is dried immediately under LED/UV light. (We do not remove gel polish applied by other salons)</i></p>	<p>MONDAYS</p> <p>1.30pm</p>	<p>22/04/24</p>	<p>£14 per treatment</p>
<p>SHELLAC HANDS & FEET (Group 1A) One-off treatments</p> <p>Client will receive a file and cuticle treatment with a Shellac finish on both fingernails <u>and</u> toenails**.</p> <p><i>**There is no need to bring open toe shoes as the gel is dried immediately under LED/UV light. (We do not remove gel polish applied by other salons)</i></p>	<p>WEDNESDAYS</p> <p>1pm</p>	<p>08/05/24 15/05/24</p>	<p>£16 per treatments (Special offer)</p>
<p>WAXING (Group 1A) One-off treatments</p> <p>Effective hair removal using hot wax or strip wax</p> <p><i>Benefits include smoother, softer skin. Waxing treatments provide longer lasting results than from shaving or using hair removal creams.</i></p>	<p>WEDNESDAYS</p> <p>9.30am</p>	<p>17/04/24 24/04/24 01/05/24</p>	<p>Individually priced:</p> <p>Underarm.....£6.50 Bikini (standard).....£7.50 Half leg.....£9.00 Full leg.....£10.00 Half leg & bikini.....£12.00 Half leg & underarm.....£11.00</p>



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<p>FACE & BODY WAXING PACKAGES (Group 1A) One-off treatments</p> <p>Clients can choose the following packages:</p> <p>Package 1: Lip & chin wax Package 2: Half leg & bikini wax Package 3: Full leg & eyebrow wax Package 4: Standard bikini & underarm wax</p> <p>Effective hair removal using hot wax or strip wax</p> <p><i>Benefits include smoother, softer skin. Waxing treatments provide longer lasting results than from shaving or using hair removal creams.</i></p>	<p>WEDNESDAYS</p> <p>9.15am</p>	<p>08/05/24 15/05/24 22/05/24</p>	<p>Individually priced:</p> <p>Lip & chin.....£8.50 Bikini & underarm.....£9.00 Half leg & bikini.....£12.00 Full leg & eyebrow.....£11.00</p>
<p>SALON EXPERIENCE (Group 6A) One-off treatments</p> <p>The client will receive 3 treatments and can choose from the following packages:</p> <p>Package 1: Mini facial and back/neck/shoulder massage Package 2: Back/neck/shoulder massage with 1 area of waxing: half leg, standard bikini line, underarm or lip & chin Package 3: Pedicure*, foot massage and standard polish Package 4: Mini facial & file and standard polish (hands)</p> <p><i>*(No Shellac or gel nail application or removal) Please remember to bring open toe shoes</i></p>	<p>FRIDAYS</p> <p>1.30pm 2.45pm</p>	<p>03/05/24</p>	<p>£6 per package</p> <p>Limited spaces available</p>



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REMINDER

Due to the student training schedule, we are not always able to offer all of the listed services. At times, treatments and services might have to be cancelled/changed at short notice due to unforeseen circumstances. UHI Inverness is a teaching and learning environment and your appointment may take longer than expected. However, this is reflected in our price list and the students and staff will make every effort to ensure our clients have an enjoyable and professional experience.

No babies, toddlers or children under the age of 12 years are allowed in the salons. We do not offer any services to anyone under the age of 12 years.

TINTING

It is a health & safety requirement that clients must have an allergy alert test at least 48hrs prior to any eyelash or eyebrow tinting, tanning, facial peels, false lashes. The patch test must be carried out within the learning and teaching environment everytime before the above treatments can be carried out.

No colour treatments, massage or gel nail enhancements are carried out on children under the age of 16 years.

LATE ARRIVALS

Should you be late for your appointment, your treatment might not be carried out or you would receive a shorter treatment as the classes are restricted to timetables.

Our clients are very important to us and to ensure clients receive the best care possible, a consultation is carried out prior to any treatments. Below are a few examples of certain medical conditions that may restrict, prevent, or require medical consent for some or all our treatments:

Cancer, diabetes, epilepsy, heavy medication, heart problems, pacemaker, recent surgery, thyroid conditons, varicose veins, deep vein thrombosis or skin diseases (e.g.cold sores)

Should you suffer from any other medical condition or are in any doubt, please feel free to contact us before making an appointment. Your enquiry will be treated in the strictest of confidence.


Treatments that are fully booked will no longer appear on this summary

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www.inverness.uhi.ac.uk/breagha

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Facebook: <https://www.facebook.com/Breaghahairandbeauty>

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